# **Quest Food Management**

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Recipe Sizing Report

Nov 26, 2014

002189 - soup=cream of celery : ebh	Components	Attributes
HACCP Process: #2 Same Day Service	Meat/Alt:	
Number of Portions: 50	Grains:	
Size of Portion: oz	Fruit:	
	Vegetable: 0.5 cup	
	Milk:	

Ingredients	Measures	Instructions
903671 soup- cream of celery gfs heinz 101613		one can of concentrated soup with one can of water heat
900031 WATER	1 lb + 9 2/3 ozs	

\*Nutrients are based upon 1 Portion Size (oz)

Calories	11 kcai	Cholesterol	0 mg	Sugars	*0.4* g	Calcium	5.02 mg	50.00% Calories from Total Fat
Total Fat	0.59 g	Sodium	95 mg	Protein	0.12 g	Iron	0.04 mg	10.00% Calories from Saturated Fat
Saturated Fat	0.12 g	Carbohydrates	1.18 g	Vitamin A	88.7 IU	Water <sup>1</sup>	14.53 g	*0.00%* Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.00* g	Dietary Fiber	0.12 g	Vitamin C	0.1 mg	Ash <sup>1</sup>	0.01 g	44.44% Calories from Carbohydrates
								4.44% Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

- denotes combined nutrient totals with either missing or incomplete nutrient data

- denotes optional nutrient values

- Trans Fat value is provided for informational purposes only, not for monitoring purposes

## Heinz® Cream of Celery

Flavorful cream soup made with celery and an array of spices.

#### **Preparation Instructions:**

- In a 4-quart pot, gradually combine 1 can of soup with ½ can of water and ½ can of milk\*.
- 2. Cover, heat slowly, stirring occasionally. Do Not Boil.

\*If desired, this soup can also be prepared with all water or all milk.

Variety	Package Size
78003933	Heinz® Cream of Celery



### Ingredients

water, celery, enriched bleached flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), soybean oil, modified cornstarch, contains 2% or less of: dried dairy blend (wheylmilk), sodium and calcium caseinate, dicalcium phosphate), salt, sugar, titanium dioxide, celery flavor (dextrose, celery extract), monosodium glutamate, cream, beta carotene (glycerine, water, polyglycerol esters, soybean/sunflower/corn/ or corn oil, beta carotene, soy lecithin, tocopherols, methyl paraben, ascorbyl palmitate, propyl paraben), spices, natural onion flavor with other natual flavors (maltodextrin, natural flavor).

Allergens: Milk, Soy, Wheat

Kosher Status: Kosher Dairy

Shelf life: 36 months

Information for Child Nutrition Programs\*:

Serving Size Condensed: 1/2 cup

Meal equivalent: 1/4 cup green vegetable

Weight per serving for each ingredient crediting to a meal component: 22g cooked celery

\* The meal equivalent is based on 1 cup of soup as prepared from 1/2 cup concentrate in accordance with the USDA Food Buying Guide for Child Nutrition Programs.

#### **Nutrition Facts**

Información Nutricional Senang Size: ¼ Cup Condensed Soup (123g) Porción: ¼ Taza de Sopa Condensada (123g)

Servings Per Container About 11
Porciones por envase: 11 Approx
Amount Per Serving/Cantidad por porción
Calories/Calorias 90
Calories/Calorias 90
Serving/Cantidad por porción
St. Dady Value \*1% Valores Darios\*
Total Fat/Cansas Saburados 10
Saturated Fat/Cansas Saburados 10
Saturated Fat/Cansas Saburados 10
Servinas Saburados 10

Vitamin AVitamina A 15% • Vitamin C Vitamina C 2%
Calcium/Calco 4% • Inor/Herro 2%

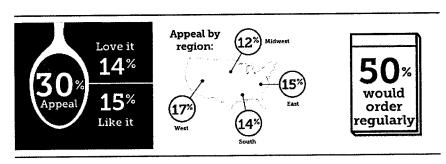
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Carones Per Gramy Calorias Por Gramo. Fan Grasas 8 • Carbohydratol Carbohydratos 4 • Prosess Proteinas 4

Click to Enlarge

## **Consumer Insights**



Popular among:

15" men 14" women 17" younger 12" older



Consumers want it for:

0% 71% 71% 29% Breakfast Lunch Dinner Snack  $\alpha = -t^{-\alpha t}$ 

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